# OVERCOMING THE CHALLENGES:

IMPROVING RESPONSES TO DOMESTIC & SEXUAL VIOLENCE VICTIMS

### August 5 & 6, 2021

9 am to 5 pm

Sevier Valley Center @ Snow College Richfield Campus | 800 W. 200 S. Richfield, UT

Lunch provided both days. | Professional CEU's available.

### Training & Insights:



LAW ENFORCEMENT/CRIMINAL
JUSTICE SYSTEM STRATEGY &
REVIEW



HEALTHCARE /MEDICAL
ASSESSMENTS & COLLABORATION



TRAUMA-INFORMED BEST
PRACTICES AND TECHNIQUES



ALLIED PARTNERSHIPS: LEO, LEGAL AND COMMUNITY ADVOCACY

Conference & Training presented by:



### **WELCOME!**

# WELCOME TO THE 2021 REGIONAL TRAINING FOR LAW ENFORCEMENT, PROSECUTION, ALLIED PARTNERS, AND ADVOCATES!

"Overcoming the Challenges: Improving Responses to Domestic & Sexual Violence Victims" is a two day conference providing advanced training on domestic and sexual violence intervention and responses.

The conference is focused on public safety and criminal justice responses to these crimes; and will feature national and state presenters. There will be break-out sessions for law enforcement, prosecution, health care providers, advocates and other allied professionals. Attendees will learn about best practices in their field, collaborative approaches, and will have opportunities to participate in indepth discussions.

This training will acknowledge the monumental shift in public awareness about domestic and sexual violence, and will support the continued and collective movement to improve efforts at all levels regarding intervention, collaboration, and community accountability.

New Horizons Crisis Center (NHCC) is providing this training as part of our mission to "Encircle - Educate - Empower" our local and regional partners as well as to continue to provide advocacy for victims of domestic violence, rape and sexual assault, and other crimes. Serving the communities of Sevier, Piute, Millard, Sanpete and Wayne Counties of Utah, NHCC is committed to bringing awareness through education, and to work collaboratively to build strong, positive, and nonviolent communities

Thank you for joining us.

Debbie Mayo, Executive Director





### Conference Agenda\*

Breakout Sessions and Room Locations found on Pages 6 & 7

### DAY ONE: Thursday Aug 5th

8:00 am Check-In/Registration

9:00 am Welcome & Opening Remarks | Debbie Mayo, Exec. Dir. NHCC

9:15 am Today's Challenges For Law Enforcement In Response to Violence

Against Women | Lt. Mark Wynn (ret.)

**10:10 am** Break

10:30 am BREAKOUTS | SESSION ONE

12:00 pm Lunch (provided)

12:30 pm BREAKOUTS I SESSION TWO

2:00 pm Break

2:20 pm BREAKOUTS | SESSION THREE

4:10 pm Injuries, Ambush and Fatality - Assessing the Threats to First

Responders to Domestic Violence | Lt. Mark Wynn (ret.)

5:00 pm Conference Ends

### DAY TWO: Friday Aug 6th

8:00 am Check-In/Registration

9:00 am Welcome & Opening Remarks | Debbie Mayo, Exec. Dir. NHCC

9:15 am KEYNOTE | Jonathan H. Kurland, Attorney

10:00 am Break

10:20 am BREAKOUTS | SESSION ONE

11:50 am Lunch (provided)

12:30 pm BREAKOUTS | SESSION TWO

2:00 pm Break

2:20 pm BREAKOUTS | SESSION THREE
4:00 pm CLOSING REMARKS | Debbie Mayo

4:15 pm Conference Ends



For ADA assistance, Professional CEU support, help finding breakout rooms, or for questions about the conference, please visit the registration desk.

# Keynote Speakers



Lt. Mark Wynn (ret.)

"Mark is woven into the fabric of the battered women's movement", said Lynn Rosenthal, our country's first White House adviser on violence against women. He is a national trainer to police executives, patrol officers, training officers, prosecutors, judges, legislators, social service providers, healthcare professionals and victim advocates in all fifty states for over thirty years. He is a Fulbright Specialist for the Department of State and is a survivor, enabling him to teach both effectively and passionately. In short, he is devoted to ending domestic/sexual, elder and child abuse as a police officer, detective, educator, program supervisor and now consultant and advisor.

#### Lt. Wynn's Keynote Sessions (Opening and Closing Remarks):

- Day One Session Opening Keynote @ 9:15 am Today's Challenges For Law Enforcement In Response to Violence Against Women
- Day One Closing Remarks @ 4:10 pm

#### Lt. Wynn's Breakout Sessions:

- Day One @ 10:30 am/Day Two @ 2:20 pm with Kit Gruelle. Tearing Down Walls and Building Bridges: A 21st Century Practical Approach to Collaboration Between Advocacy and Law Enforcement
- Day One @ 2:20 pm/Day Two 12:30 pm: Leadership and Prioritization of Violence Against Women Crimes



Jonathan H. Kurland, Attorney

As an Attorney Advisor, Jonathan presents on trial strategy, legal analysis, policy, and ethical issues related to gender-based violence. He conducts research; develops training materials, resources, and publications; and provides case consultation and technical assistance for prosecutors and allied professionals. Prior to joining AEquitas, Jonathan worked for sixteen years as a prosecutor in the District Attorney's Office of Berks County, Pennsylvania, serving as Chief Deputy District Attorney, Chief of Trials, and Assistant District Attorney. In the course of his career he has supervised, prosecuted and advised on matters involving intimate partner violence and homicides, sexual violence, child abuse and fatalities, stalking, child pornography and image exploitation, human trafficking, and grand jury investigations. Jonathan has extensive experience working with multidisciplinary partners, including victim advocacy and medical professionals.

#### Mr. Kurland's Keynote Session:

 Day Two 9:15 am: Beyond Conviction Rates: Measuring Success in Sexual Assault Prosecution

#### Mr. Kurland's Breakout Sessions:

- Day One 10:30 am: Overcoming the Consent Defense: Prosecuting Known Offenders
- Day Two 10:20 am: Overcoming the Consent Defense: Prosecuting Known Offenders
- Day One & Two 12:30 pm: Going Forward without the Victim: Evidence-Based Prosecution of Domestic Violence

### Featured Session Speakers



Kit Gruelle

Kit is a survivor of domestic abuse. She has worked as an advocate for battered women and their children for 33 years. In 2012, she graduated from Appalachian State University in Boone, North Carolina with a BS in Sociology (concentration in gender-based violence). For the last twenty-four years, she has been a Subject Matter Expert and trainer for California POST (Peace Officers Standards and Training), helping develop training films and curricula for law enforcement officers, public safety dispatchers, and hostage/crisis negotiators. She has served as an expert witness for battered women in both state and federal court. She is the advocate/subject of Private Violence, an intimate and compelling documentary on domestic abuse which premiered at the 2014 Sundance Film Festival and on HBO in October of 2014. It is available for viewing on Amazon 🔘 Prime. She co-authored, in 2017, with Dr. Elicka Peterson Sparks, a textbook on genderbased violence Intimate Partner Violence: Effective Procedure. Response and Policy.

#### Kit's Breakout Sessions:

- Tearing Down Walls and Building Bridges: A 21st Century Practical Approach to Collaboration Between Advocacy and Law Enforcement (with Lt. Mark Wynn)
- Building an Effective Coordinated Community Response (CCR) in Rural Utah



Det. Justin Boardman (ret.)

Retired Detective Justin Boardman was in Law Enforcement for 15 years, all with the West Valley City Police Department, Utah. His first eight years were spent as a patrol officer in this very active city. In that capacity, he was awarded the Police Star, multiple Life Saving, Distinguished Service, and Meritorious Service Awards. During his first year in Investigations, Justin was awarded Investigator of the Year. Over the years has conducted nearly 300 forensic child victim interviews, and 140 adult sexual assault victim interviews. Justin co-authored (along with Donna Kelly, Utah Prosecution Council) a Trauma Informed Victim Interview protocol for adult victims of sexual assault. This new protocol uses the Neurobiology of Trauma to gain additional information to be used in the investigation. This process has been studied and has shown to increase prosecutions along with procedure changes. Justin now presents and consults globally on a variety of subjects. Recently Justin left active police work to focus on cultural change within the community he loves. Justin has been awarded the Utah Visionary Voice Award presented by the National Sexual Violence Resource Center and the 2017 Public Policy Award by the Utah Council on Victims of Crime.

#### Justin's Breakout Sessions:

- Trauma Response for the Justice System
- Trauma Informed Victim Interview
- · Offender Focused Investigations
  - Grooming & Isolation



Leah Lutz

Leah Lutz has experience in developing policy, implementing systems change, building partnership, and improving responses to victims/survivors. She is president of Leah Lutz Consulting & Training, a Minnesota firm she founded in 2018, after two decades of leadership in nonprofit agencies focused on victim advocacy and providing training and technical assistance to multidisciplinary teams and system responders. Leah is the former program manager of the Sexual Violence Institute (SVJI) at the Minnesota Coalition Against Sexual Assault (MNCASA), Leah guided the development of the first Case File Review Kit for sexual assault crimes and the innovative "Are We Making a Difference?" online evaluation tool used by organizations nationwide. She also developed expertise in victim-centered and traumainformed responses and service provision. She's experienced in program administration and delivered technical assistance and training to all types of agencies across the country and U.S. territories.

#### Leah's Breakout Sessions:

- Multidisciplinary Case File Review
- Identifying and Responding to Victims of Trafficking/Exploitation
- Becoming a Trauma-Informed Agency

# **BREAKOUT**

9:00-9:15 am Sevier Valley Center Auditorium

Day One Welcome | Debbie Mayo, NHCC Executive Director

9:15-10:00 am Sevier Valley Center Auditorium

Keynote - Today's Challenges for Law Enforcement in Response to Violence Against Women | Lt. Mark Wynn (ret)

20 Minute Break

#### 10:20-11:50 am Breakouts | Session One

- Trauma Response for the Justice System | Washburn Bldg, Rm 157
   Justin Boardman
- Justin Boardman

  Law Enforcement and Advocacy Partnerships | Admin Bldg, Rm 147A

  H. Mark Winn & Kit Gruelle
  - Health Care Providers: Assessing for Strangulation | Admin Bldg, Rm 137 Camden Cafia
  - Overcoming the Consent Defense: Prosecuting Known Offenders | Admin Bldg, Rm 147B
     Jonathan Kurland
  - Technology Use Increasing Survivor's safety and Security | Washburn Bldg, Rm 107 Andi Tremonte
  - Protecting and Promoting the Legal Rights of Crime Victims | Washburn Bldg, Rm 109 Heidi Nestel

12:00 - 12:30 pm Lunch

#### 12:30-2:00 pm Breakouts | Session Two

- Trauma Informed Victim Interviewing | Washburn Bldg, Rm 157 Justin Boardman
- Building First Responder Resilience | Admin Bldg, Rm 147A Karla Arroyo
- Community Based Advocacy: Why We are Different and How We Can Help | Washburn Bldg, Rm 107
   Lvdia Hintze
- Going Forward without the Victim: Evidence-Based Prosecution of Domestic Violence | Admin Bldg, Rm 147B
  Jonathan Kurland
- Sexual Assault Medical Forensic Examination for Adolescent & Adult Patients | Admin Bldg, Rm 137
   Camden Cafia
- Trauma Informed Organizations | Washburn Bldg, Rm 109 Leah Lutz

20 Minute break

### 2:20-3:50 pm Breakouts | Session Three

- Offender Focused Instigations: Grooming and Isolation | Washburn Bldg, Rm 157 Justin Boardman
- Leadership and Prioritization of Violence Against Women Crimes | Admin Bldg, Rm 147A
   Lt. Mark Wynn
- Lessons Learned from the Sexual Assault Kit Initiative (SAKI) | Admin Bldg, Rm 147B Agent Steve O'Camb, Agent Derek Coats, and Advocate Delia Kirk
- Safe and Effective Technology Use in Programs | Washburn Bldg, Rm 107
   Andi Tremonte
- Identifying and Responding to Victims of Trafficking | Washburn Bldg, Rm 109
   I see Living
- Building an Effective Coordinated Community Response (CCR) in Rural Utah | Admin Bldg, Rm 137
   Kit Gruelle

20 Minute Break

**4:10 - 5:00 pm** Sevier Valley Center - Auditorium Day One Closing Remarks | Lt. Mark Wynn (ret)



# SESSIONS

9:00-9:15 am Sevier Valley Center Auditorium

Day Two Welcome Back | Debbie Mayo, NHCC Executive Director

9:15-10:00 am Sevier Valley Center Auditorium

Keynote - Beyond Conviction Rates: Measuring Success in Sexual Assault Prosecution | Jonathan H. Kurland, Attorney

20 Minute Break

#### 10:20-11:50 am Breakouts I Session One

- Trauma Response for the Justice System | Washburn Bldg, Rm 157
   Justin Boardman
- Building First Responder Resilience | Admin Bldg, Rm 147A Karla Arrovo
- Overcoming the Consent Defense: Prosecuting Known Offenders | Admin Bldg, Rm 147B Jonathan H. Kurland
- Technology Use Increasing Survivor's safety and Security | Washburn Bldg, Rm 107
   Andi Tremonte
- Protecting and Promoting the Legal Rights of Crime Victims | Admin Bldg, Rm 137
   Heidi Nestel

12:00 - 12:30 pm Lunch

### 12:30-2:00 pm Breakouts | Session Two

- Trauma-Informed Victim Interviewing | Washburn Bldg, Rm 157
   Justin Boardman
- Leadership and Prioritization of Violence Against Women Crimes | Admin Bldg, Rm 147A
   Lt. Mark Wynn (ret)
- Going Forward without the Victim: Evidence-Based Prosecution of Domestic Violence | Admin Bldg, Rm 1478
   Jonathan Kurland
- Multidisciplinary Case File Review | Washburn Bldg, Rm 109 Leah Lutz
- Health Care Providers: Assessing for Strangulation | Admin Bldg, Rm 137
   Camden Caifa
- Building an Effective Coordinated Community Response (CCR) in Rural Utah | Washburn Bldg,, Rm 107 Kit Gruelle

20 Minute break

### 2:20-3:50 pm Breakouts | Session Three

- Offender Focused Investigations: Grooming and Isolation | Washburn Bldg, Rm 157 Justin Boardman
- Law Enforcement and Advocacy Partnerships | Lt. Mark Wynn & Kit Gruelle
- Lessons Learned from the Sexual Assault Kit Initiative (SAKI) | Admin Bldg, Rm 147B
   Agent Steve O'Camb, Agent Derek Coats, and Advocate Delia Kirk
- Safe and Effective Technology Use in Programs | Washburn Bldg, Rm 107
   Andi Tremonte
- Identifying and Responding to Victims of Trafficking | Washburn Bldg, Rm 109
   Leah Lutz
- Community Based Advocacy: Why We are Different and How We Can Help | Admin Bldg, Rm 137
   Lydia Hintze

10 Minute Break

4:00 - 4:15 pm Sevier Valley Center
Pick up CEU Certificates (Registration Area)

TWC

### Keynote Session Descriptions

### Day One | Opening Keynote | Lt. Mark Wynn

# Today's Challenges for Law Enforcement in Response to Violence Against Women

The fundamental duty of law enforcement has always been to serve the community, to safeguard lives, to protect the innocent against deception, the weak against oppression or intimidation and the peaceful against violence with respect for citizens' rights, liberty and equality. To fulfill this sacred duty, you must understand the complex realities of violence against women including sex assault, domestic violence and stalking. This keynote will show leaders how to strengthen their roles in setting meaningful goals for their agency to respond, prevent and investigate crimes against women.

### Day Two | Opening Keynote | Jonathan Kurland

### Beyond Conviction Rates: Measuring Success in Sexual Assault Prosecutions

Success in criminal cases is traditionally measured by conviction rates, but convictions alone fail to capture the unique challenges in sexual violence cases. The crimes themselves—how they happen, who commits them, who is victimized—are widely misunderstood by those who have not been educated on perpetrator-victim dynamics and victim responses to trauma. Too often, a singular focus on conviction rates causes even well-intentioned law enforcement officers and prosecutors to "weed out" difficult cases, based on a perception that the cases will prove to be "unwinnable"—that the legal and factual challenges are insurmountable. As a result, few cases make it to the courtroom and even fewer result in conviction.

This presentation will discuss promising practices for the investigation and prosecution of sexual assault cases as well as performance measures to assess how we are actually doing. The presenter will discuss how data collection and case review can help us review and understand our decision-making processes. The suggested performance measures will assess the quality of justice system interventions and encourage allied professionals (the prosecutor's office, law enforcement, healthcare providers, and victim advocates) responding to sexual assault to see themselves as key stakeholders.

### Building an Effective Coordinated Community Response (CCR) in Rural Utah Kit Gruelle

Domestic abuse is a complex, multi-layered crime. A comprehensive response to domestic abuse involves the entire community. Everyone is a (potential) first responder to domestic abuse.

This workshop will highlight what can be done in rural communities to:

- 1.Discuss the challenges of bringing the community together to address and stop domestic abuse
- 2. Discuss the benefits of working together to address domestic abuse
- 3. Identify the key CCR members and how to recruit those who may not believe they have a place at the domestic abuse prevention and intervention table
- 4. Look at a rural case that became a mass murder
- 5. Discuss the fact that safety at home means safety in our communities.

### **Building First Responder Resilience**

Karla Arroyo, Director of the Multicultural Counseling Center

First responders handle stressors, traumatic events and major disasters on a daily basis. Resilient first responders are able to tackle these stressors without suffering serious psychological damage. Focusing on increasing resilience is a promising approach to build and keep strong teams and to help colleagues before it's too late.

#### Community Based Advocacy: Why We Are Different and How We Can Help

Lydia Hintze - Outreach Program Manager New Horizons Crisis Center

This session will explain the difference between systems-based advocacy and community program-based advocacy.

New Horizons Crisis Center will give an overview of their programs and the services they provide to victims.

### Going Forward without the Victim: Evidence-Based Prosecution of Domestic Violence Jonathan H. Kurland, Attorney Advisor for AEquitas

A recurring issue in prosecuting domestic violence cases is whether and how the victim will testify at trial. Many domestic violence victims are subject to intense pressures—including intimidation and manipulation—that discourage them from participating in a criminal prosecution. And even when such victims do testify, they may recant prior statements, minimize the level of violence or the defendant's culpability, or even testify on behalf of the defendant. These cases can still be prosecuted successfully. A thorough and well-documented investigation enables the prosecution to build an evidence-based case that does not depend upon victim testimony.

This presentation will examine evidence-based prosecution techniques that will enable prosecutors to try domestic violence cases where the victim is an absent or reluctant witness. The presenter will discuss tools and strategies for successfully prosecuting these difficult cases and the practical steps necessary to achieve success. The presentation will focus on effective investigative techniques for documenting and securing evidence that will prove the elements of the offense, as well as trial strategies, including the use of expert testimony to explain victim behavior, that will enable the jury to return a guilty verdict regardless of whether or how the victim testifies.

Health Care Providers: Assessing for Strangulation

Camden Caifa, MSN, SANE-A, CEN

This session will present the potentially life-threatening medical conditions caused by strangulation. This will include providing knowledge on the differences between strangulation, suffocation, choking, and the risks of each which will include a review of the affected anatomy. A review of the medical-forensic examination that is performed to prevent death and preserve evidence when strangulation is reported or suspected. If time allows, we will share some Utah statistics on strangulation and perform a case review.

### Identifying and Responding to Victims of Trafficking/Exploitation

Leah Lutz, Consultant

Human trafficking and exploitation are prevalent and complex crimes happening throughout Utah. It takes specialized knowledge and strategies to respond, investigate, and collaborate in these cases. This session will give an introduction and foundational overview of the dynamics, and scope of trafficking and exploitation. It will give you the tools to help recognize and respond to trafficking and exploitation, including the red flags that may indicate a person may be a victim. You will learn what to do when you suspect a possible case. All types of responders have a pivotal and important role in responding to victims of trafficking and exploitation.

### Leadership and Prioritization of Violence Against Women Crimes

Lt. Mark Wynn

As leaders we have to think more broadly about the interconnected nature of violence against women's crimes and making them a priority for our agencies and departments. This course examines men's role in committing violence in the family and men's roles in ending that violence through strong leadership, vision and effective communication. In addition, the lesson discusses how disbelief by police prevents a large percentage of rape victims from reporting. Raising our policing standards and examining our accountability will also be partial focus of the course.

#### Lessons Learned from the Sexual Assault Kit Initiative (SAKI)

Agent Steve O'Camb, Agent Derek Coats, and Advocate Delia Kirk

Less than five years ago, there were nearly 5,000 partially tested or previously unsubmitted sexual assault kits "Rape kits," in Utah. Since then, funding for DNA testing from the State of Utah and SAKI, as well as monumental state legislation on kit submission, tracking and processing have occurred. Hear from the investigators and advocate who support the 140+ Utah police agencies in revisiting these cases, and creating sustainable change.



### Multidisciplinary Case File Review

Leah Lutz, Consultant

Communities across the country have done case file review of law enforcement reports as a way to learn more about case processing. It results in pinpointing concrete areas to improve the criminal legal response to victims of inter-personal violence and is not designed as a critique of individual performance of any one agency. This session will cover the basics of case file review, what types of files should be reviewed, maintaining victim confidentiality, multidisciplinary and collaborative approaches, and how it is a powerful assessment and review tool.

### Offender Focused Investigations-Grooming and Isolation

Ret. Detective Justin Boardman

We know there are many sides to an investigation including the victim-centered portion. This class will be focused on the suspect portion. By exploring the use of manipulation, grooming, and isolation, a clearer understanding of the entire event will come about. It will focus on consent, documentation, investigation strategies, and elements of the crime.

### Overcoming the Consent Defense: Prosecution Known Offenders

Jonathan H. Kurland, Attorney Advisor for AEquitas

Research shows that the majority of rapists are known to their victims and that a substantial proportion are serial offenders. Known offenders are adept at creating and manipulating vulnerabilities in their victims through the use of premeditated tactics and non-traditional weapons (such as alcohol or drugs). When the reported sexual contact cannot credibly be denied at trial, the defense claims consent.

This presentation will address the challenges inherent in prosecuting known offenders with an emphasis on overcoming the consent defense. The presentation will examine offender characteristics, motivations, and behaviors as well as the impact of the offender's actions on the victim. The presenter will suggest strategies for overcoming common misconceptions at trial, including the importance of establishing a compelling trial theme, introducing evidence of the defendant's predatory behavior, presenting corroborating evidence to support witness credibility, and recreating the reality of the crime at trial.

### Protecting and Promoting the Legal Rights of Crime Victims

Heidi Nestel, Executive Director, Utah Crime Victims Legal Clinic Since 1995, crime victims in Utah have had state constitution

Since 1995, crime victims in Utah have had state constitutional, statutory and rule based rights including the right to be treated with fairness, dignity, and respect, the right to be present and heard at important hearings, the right to privacy, a speedy trial and special accommodations for child victim witnesses.

This interactive presentation will give the history of the victims' rights movement, discuss the core rights afforded to crime victims and give practical tips on how law enforcement, advocates and prosecutors can effectively work with and advocate for crime victims. By understanding and fighting for the rights of victims, the criminal court system has more balance, and justice can be achieved for victims.

### Sexual Assault Medical-Forensic Examination for Adolescent and Adult Patients Camden Caifa, MSN, SANE-A, CEN

This session will provide information about the forensic nurse's role, including training and competency, the examination options available, the timeframes for forensic evidence collection, and the examination standards and deviations. This session will be useful knowledge to any discipline offering services to survivors of sexual assault.

### Tearing Down Walls and Building Bridges: A 21st Century Practical Approach to Collaboration Between Advocacy and Law Enforcement

### Lt. Mark Wynn and Kit Gruelle

The general public often turns to law enforcement to deal with the multiple, complex issues associated with abusive relationships, but no single person or agency can do it alone. This workshop will examine and highlight the importance of creating and maintaining a respectful working relationship between advocates and law enforcement. Through collaboration, services to victims/survivors is enhanced, and accountability of offenders is made more certain.

#### Technology Use - Increasing Survivors Safety and Security

Andi Tremonte, Education and Outreach Coordinator, Utah Domestic Violence Coalition
The internet has made stalking easier than ever. Prior to the shift of living virtually, perpetrators had to rely on following their victims around, but now, perpetrators can stalk their victims at their house, in school, in a different state, or even in a different country. When it comes to cyberstalking, what's particularly troubling is that because of this online shift, not all of the systems working with survivors have had time to adjust to all the implications. Just like every other sphere of life, crime too has gone online. After this training, attendees will gain a basic understanding of how abusers use technology to stalk, control, manipulate or coerce survivors; learn various strategies to help survivors protect themselves; and lastly, learn about technology resources for survivors.

#### Trauma Response for the Justice System

#### Ret. Detective Justin Boardman

Based on the science of the Neurobiology of Trauma, this course focuses on how trauma affects memory and behavior, especially for victims of most violent crimes. In the subject matter of Domestic Violence and Sexual Assault, trauma presents in a way that can be counterintuitive to how most of the Criminal Justice fields have been trained to conduct their job. This course helps criminal justice professionals understand the scientific concepts concerning the neurobiology of trauma so that victims of traumatic crimes will be understood and not judged prematurely. Evidence the criminal justice system has historically missed will come to light, increasing the success of criminal cases, and providing new avenues of justice for victims.

### Trauma-Informed Victim Interview

#### Ret. Detective Justin Boardman

This course will briefly review the basics of the Neurobiology of Trauma and show areas of a victim experience to interview around. Victims and witnesses interviewed with these principles in mind have felt respected and were able to tell their entire experience with ease and in detail. Basic questions will be explained and shown in real interviews. This type of interview will be the backbone and roadmap for your investigations. A one-year study of the implementation of the protocol has found that prosecution rates have dramatically increased and that 98 percent of victims interviewed with the protocol felt respected and were able to tell their whole story easily and in detail.

### **SPEAKER BIOS**

### Karla Arroyo, Director of the Multicultural Counseling Center

Karla serves in the role of Director of the Multicultural Counseling Center, an agency that provides comprehensive behavioral health services that are aligned with a continuum of care philosophy. Her leadership and practice when delivering interventions are rooted in 6 cornerstones: trauma informed model of care, multidimensional framework, systems theory, ecological theory, Erik Erikson's developmental stages and a strengths based approach.

### Camden Caifa, MSN, SANE-A, CEN

Camden has been one of the three Sexual Assault Nurse Examiner (SANE) educators for the Utah Coalition Against Sexual Assault (UCASA) since September 2019. She is also the Program Director for Southwest Forensic Healthcare in Washington County at St. George Regional Hospital since 2011. Camden received her Bachelors of Science degree in nursing from California State University and Masters of Science in Nursing from Aspen University with a focus in forensics. She has been a registered nurse since 1998 and obtained SANE training in 2007. Her nursing career includes 20+ years in the emergency department, ten years of flight nursing, and several years as the trauma, cardiac, and forensic nurse educator for the southwest region of Intermountain Healthcare.

#### Derek Coats, Agent - DPS/SBI

Derek joined the Utah Department of Public Safety - State Bureau of Investigation in 2018 as a Senior Investigator assigned to the Sexual Assault Kit Initiative project. Derek retired from Salt Lake City Police in 2017 after 23 years. He spent the last eight years at Salt Lake City Police in investigations with four of those years overseeing the sex offender registry and as a special victim detective. Derek received training from US Secret Service in cell phone forensics and the FBI on internet crimes involving children and adults. Derek has also traveled out of Utah, cooperating with victim advocates, to locate survivors of sexual assault to ensure victim resources were offered. Derek has also traveled throughout Utah and to other states to locate suspects in cases, serving search warrants, obtaining evidence and interviewing them where needed.All of this is accomplished through a collaborative effort between law enforcement agencies from state and local to federal levels. Derek has worked with Utah agencies investigating sexual assaults by writing search warrants; obtain DNA evidence, and interviewing suspects. Derek currently works with the Cold Case Database Analyst at Utah Statewide Information Analysis Center (SIAC) to identify cold case homicides with sexual component and potential case-to-case association. He is also a task force officer with the FBI - Child Exploitation Task Force (CETF) helping identify online predators with a sexual interest in children. Derek is able to apply what he has learned along the way, leverage institutions and people he works closely with, to help bring a sense of justice to survivors of trauma. He has also facilitated the creation of multi-disciplinary review boards for sex assault investigations and provided best practices. Derek participates as an instructor in POST 3-DAY Adult Sex Crimes Investigator Course as mandated by HB200. He facilitates trainings for law enforcement and victim advocates.

### Lydia Hintze, Outreach Program Manager/Victim Advocate

Lydia is a community-based victim advocate that manages the New Horizons Crisis Center Outreach program in Millard County. Lydia has been a victim advocate for the past two years. Lydia prepared for her current role by working in the private sector for the last decade, serving in people focused roles. These experiences prepared her to serve Millard County. Lydia is certified to work with any type of victim but has dedicated the majority of her time to survivors of domestic violence and sexual assault. She has passion for people and loves to find ways to connect with anyone that crosses her path.

### **SPEAKER BIOS**

#### Delia Kirk, Victim Advocate - DPS/SBI

Delia Kirk is relatively new to victim advocacy, but not to providing resources and support to people in need. She is a graduate of Salt Lake Community College with an associate's degree in general studies, pursuing a bachelors' degree in social work at the University of Utah.Delia previously worked with Youth Services, Salt Lake Community College as a co-chair in Latino/Hispanic mentoring in the office for diversity. She got her start with the Department of Public Safety as an intern with SBI/UHP on-call advocates, gaining firsthand experience and training by responding to trauma and those in crisis. Now working as a SAKI advocate, she is a resource for local and statewide victim advocates working sexual assault cold cases. She works and trains alongside investigators with nearly 50 years combined experience, and is implementing best practices for victim notification protocols in cold cases. She manages the statewide information line for victims of sexual assault inquiring about their kit status, which receives nearly 150 calls a year. Participating in case reviews, and providing training for multidisciplinary teams on sexual assault and trauma-informed care. While at DPS, Delia was a 2020 co-recipient of the Public Safety Medal of Excellence.

### Heidi Nestel, Executive Director/Staff Attorney for the Utah Crime Victims Legal Clinic

Heidi Nestel is the executive director and a staff attorney for the Utah Crime Victims Legal Clinic-providing free legal representation to victims of crimes as they go through the criminal justice system since 2005. Prior to starting the Legal Clinic, Heidi was employed as a prosecutor for the Davis County Attorney's Office as well as the Victim Service Director for that Office. In her eight years working for Davis County, she specialized in prosecuting violent crimes against women including domestic violence assault, violation of protective orders, and rape and sexual assaults.

#### Steve O'Camb, Agent - DPS/SBI

Steve O'Camb has been a Sexual Assault Kit Initiative (SAKI) Investigator at the State Bureau of Investigation (SBI), within the Utah Department of Public Safety for 3 ½ years. He has more than 23 years of law enforcement experience with city, county and state agencies. Steve began his career in 1995 at the Millard County Sheriff's Office in Fillmore as a dispatcher, corrections officer and patrol deputy. He then spent 15 years with the West Valley City Police Dept. (WVPD) before retiring in 2015 as the sergeant over the special victims unit. During his career at WVPD, the department underwent unprecedented reforms in the investigation and prosecution of sex crimes.He received the Utah Domestic Violence Council, Family Violence Prevention Award (2008), the WVPD Investigator of Year (2009), Sworn Supervisor of the Year (2013), and Chief's Award (2015) for outstanding contributions to the department. Steve earned a Bachelor's Degree in Criminal Justice/Law Enforcement from Utah Valley University in 2017. At SBI the SAKI team provides training and investigative support to the more than 140 police agencies in Utah, on the nearly 5,000 previously unsubmitted and partially tested sexual assault kits, as well as sexually-motivated unsolved homicides. He presents training across Utah, and nationally. While at DPS, he has been the 2018 co-recipient of the Crime Victim Service Award from the Utah Council on Victims of Crime; received a 2019 NAACP of Utah First Responder Award, and the 2020 DPS Medal of Excellence.

### Andi Tremonte, Education and Outreach Coordinator, Utah Domestic Violence Coalition

Andi has an educational background in Psychology and Women and Gender Studies and is currently pursuing a Masters of Criminal Justice. Andi has been a Transgender support group facilitator and Safe Zone trainer for OUTreach Resource Centers in Northern Utah. They have facilitated LGBTQIA+ cultural competency training throughout Utah for Starbucks Coffee Company, local organizations, universities, UCASA, Rape Recovery Center, and various community members. Furthermore, Andi is the Education and Outreach Coordinator for the Utah Domestic Violence Coalition. Andi supports domestic violence service providers, sexual assault programs, and government organizations in Utah, offering support services for underserved clients as well as training and technical assistance.

Thank Jow for attending

## **OVERCOMING THE CHALLENGES:**

IMPROVING RESPONSES TO DOMESTIC & SEXUAL VIOLENCE VICTIMS



For more information about the conference speakers & sessions, please contact

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